



International Microbiota Observatory

L'Observatoire International
des Microbiotes

Fourth wave

A large, light gray illustration of a diverse microbiome, featuring various shapes of bacteria and fungi, is positioned on the left side of the slide. The illustration is layered, with a slightly offset white rectangle behind it.

Methods

Methods



11
countries

7 500
respondents

The International Microbiota Observatory was conducted online in **11 countries** from February 3rd – March 13th, 2026. Representative samples by country are ensured by the quota method applied to the respondent's gender, age, region and occupation.



2023 Entrants





-  USA (n=500)
-  Brazil (n=500)
-  Mexico (n=1,000)
-  France (n=1,000)
-  Portugal (n=500)
-  China (n=1,000)

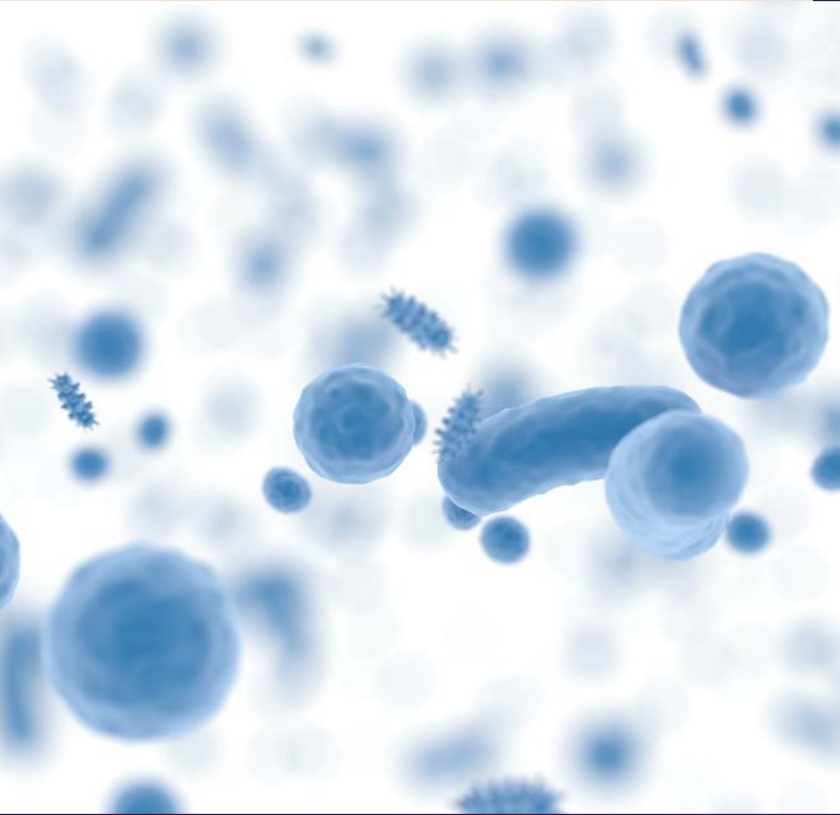
2024 Entrants

-  Poland (n=500)
-  Finland (n=500)
-  Vietnam (n=1000)

2025 Entrants

-  Germany (n=500)
-  Italy (n=500)

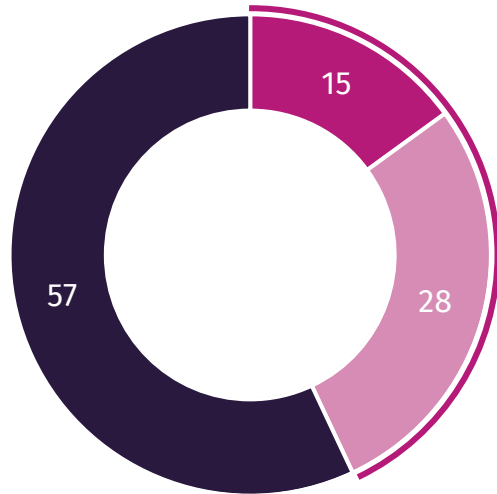
Throughout the report, all results are presented in %. Statistical significance of sub-populations and with the previous wave are calculated at a confidence level of 95%. To enhance readability, significant differences are highlighted using  green and  orange colors, and evolution by arrows  .



Focus on the first 1,000 days of life

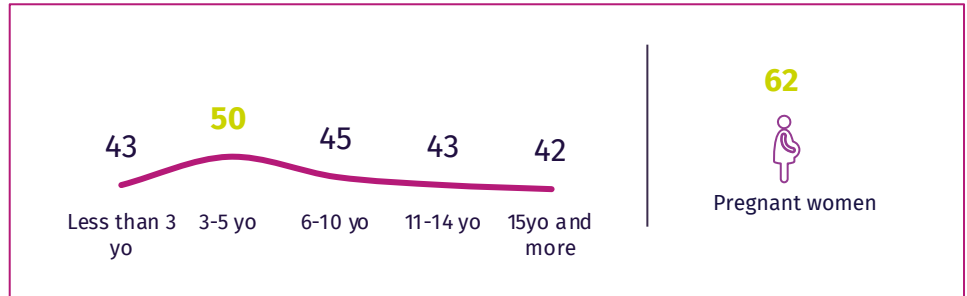
Over 4 out of 10 parents or pregnant women have already heard about the scientific concept of the “first 1,000 days of life”. Only a minority know precisely what it is.

Question 2V4. Have you ever heard about the scientific concept of the “first 1,000 days of life”? **New question**
 Base: Parents or pregnant women (n=3040)



- Yes, and I know exactly what it is
- Yes, but I don't know exactly what it is
- No, I never heard about it

43% of parents have heard about the scientific concept of the “first 1,000 days of life”
28% among total population

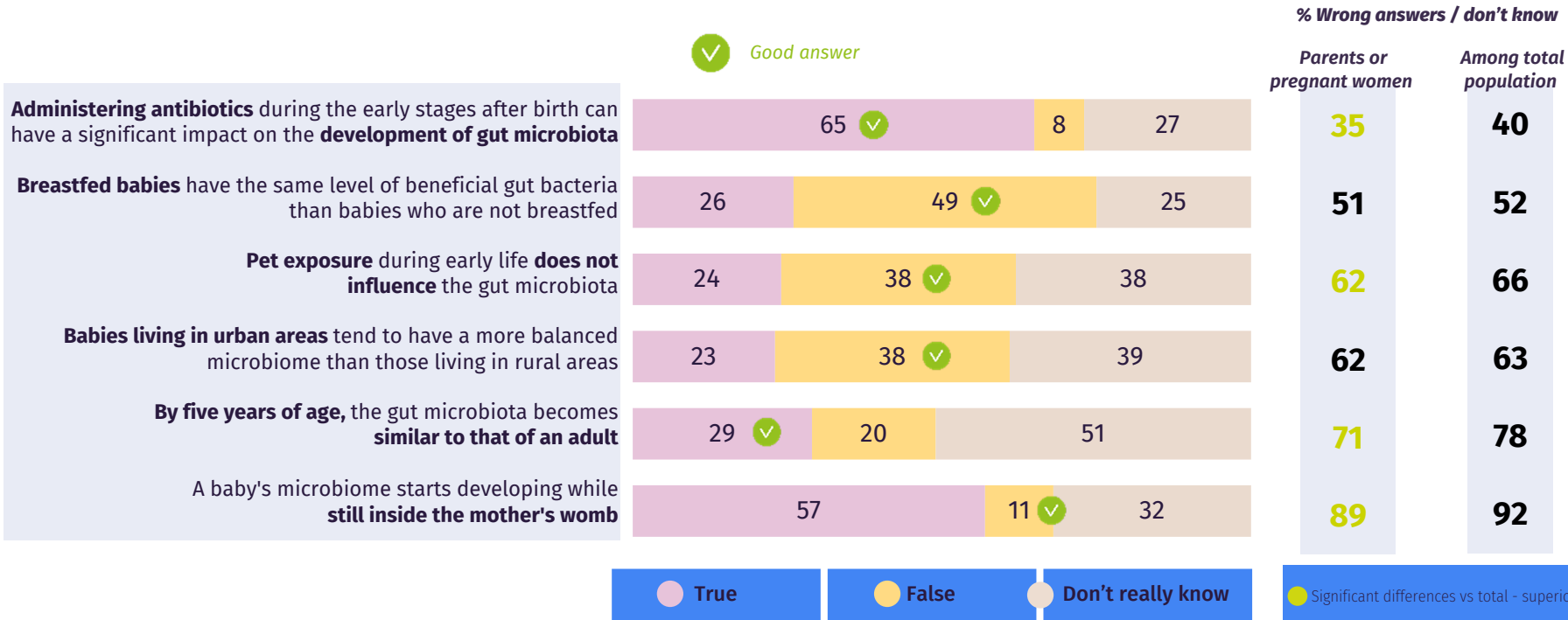


● Significant differences vs total - superior ● Significant differences vs total - inferior

Apart from the impact of taking antibiotics at an early age, parents and pregnant women appear mostly uninformed about what can influence their child's microbiome.

Question 4V4. For each of the following statements, tell us if you think it is true or false. If you are unsure about your answer, answer I don't really know. **New question**

Base: Parents or pregnant women (n=3040)



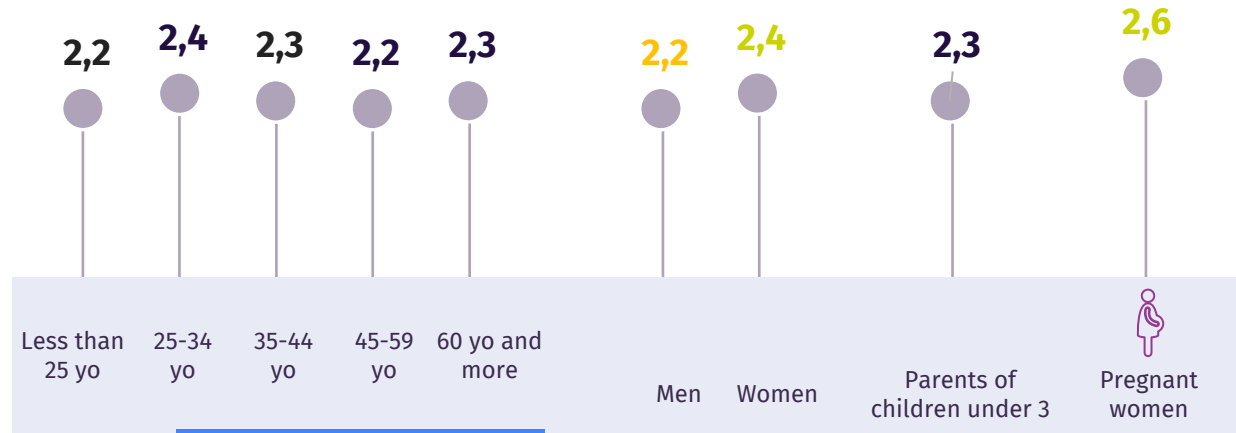
Women, and especially pregnant women, are better informed than average about what can influence babies' microbiome.

Question 4V4. For each of the following statements, tell us if you think it is true or false. If you are unsure about your answer, answer I don't really know. **New question**

Base: Parents or pregnant women (n=3040)



Number of good responses on average



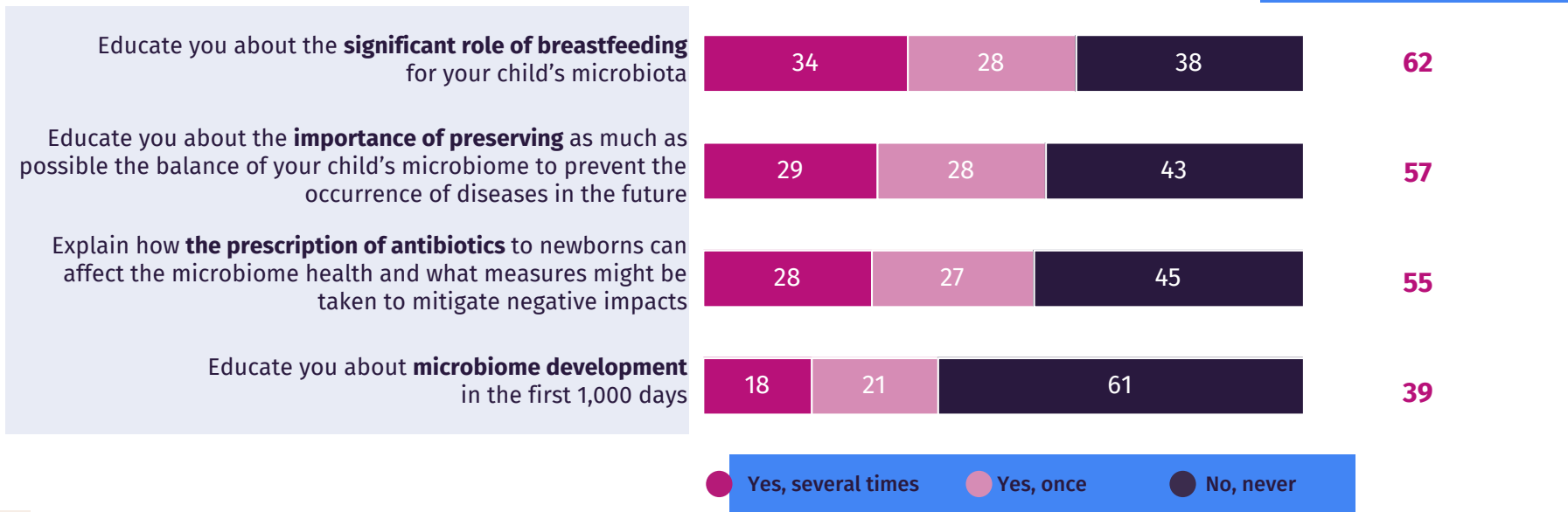
Significant differences vs total - superior
Significant differences vs total - inferior

Education about microbiome development in the first 1,000 days of life is quite rare: less than a third of parents have received all information about child's microbiome from their pediatrician.

Question 5V4. Has the pediatrician or the doctor monitoring your child's health ever done any of the following? New question
 Base: Parents (n=3000)

Only **31%** received **ALL THESE INFORMATION**, at least one time
 9% received all these information several times

% Yes

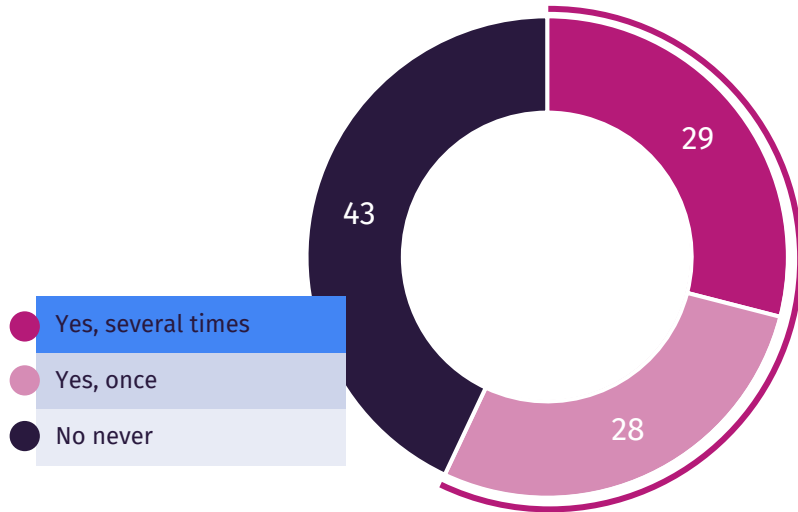


● Yes, several times
 ● Yes, once
 ● No, never

Half of parents recall their child being prescribed with probiotics or prebiotics.

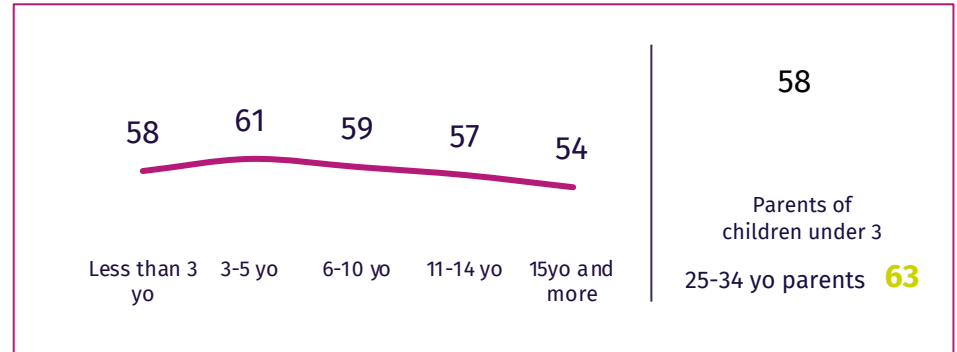
Question 5V4. Has the pediatrician or the doctor monitoring your child's health ever done any of the following? **New question**
 Base: Parents (n=3000)

"Prescribe probiotics or prebiotics for your child"



57% were prescribed with probiotics or prebiotics for their child

Global general population: 51% were prescribed with probiotics or prebiotics



● Significant differences vs total - superior ● Significant differences vs total - inferior

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GAME CHANGERS

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THANK YOU